

Surgery and Recovery:

The procedure takes 1½ to 2 hours and can be performed either with general anesthesia or with a combination of sedation and local anesthesia. Most patients can look after themselves at home by the day after surgery and return to nonstrenuous everyday activities by 4-7 days. Return to strenuous activities usually takes about 6 weeks.

Risks:

As for all surgeries risks include infection, bleeding, scarring, and nerve injury. Some risks specific to this procedure are capsular contracture (hardening of the tissue around the implants), deflation or leakage of the implants, palpable or visible ripples and folds in the implants, and dissatisfaction with the size or shape of the breasts.

Implant Size:

There is no ideal method of determining the right size of implant for any individual patient. Reviewing photographs of other patients can help to give some idea about what you want to achieve and trying on implant sizers can give an idea of how you will look in clothing. At your consultation you will be examined and we can discuss what size will give you your desired result.

Saline vs. Silicone Gel:

The advantage of silicone gel implants is obvious the moment you feel them. They have a much more natural consistency. They do require slightly longer incisions and this may limit your choice of scar location. It is also difficult in some cases to determine if there is a leak in a silicone gel implant and this may lead to anxiety about whether or not anything is wrong with the implant. There is no convincing evidence of any health risks related to silicone gel implants after exhaustive studies.

Cost:

\$5300 for saline and \$6300 for silicone gel implants (total cost including operating room and anesthesia).