

Surgery and Recovery:

The procedure can either be performed with a combination of intravenous sedation and local anesthesia in my own surgical suite or alternatively we can take you to the hospital and perform the surgery under general anesthesia. In either case “tumescent technique” is used where a large volume of dilute local anesthetic containing epinephrine is infiltrated into the tissue until it becomes distended or “tumesced”. This allows the procedure to be performed more effectively and with substantially less blood loss than with previous techniques. In some cases ultrasound or laser energy can be used to liquefy the fat and remove it more easily. There is usually substantial fluid drainage in the first 12-24 hours and then this rapidly decreases. Most patients are able to look after themselves by the day after surgery and able to return to non-strenuous daily activities by 1-4 days postop depending on the amount of work done. Strenuous activities are usually ok by 4-6 weeks postop.

Risks:

Infection, bleeding, scarring, irregularities, indentations, inadequate correction, asymmetry.

Cost:

Highly variable depending on the amount of work done. Can range from \$1500-\$5000+.